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Mainland Square March/April 2024



AS THERE WILL BE REFRESHMENTS SERVED.

SATURDAY, April 19th 10:30 AM

COMMUNITY PARK (TWO SEPARATE EGG HUNTS SO "LITTLES" CAN ENJOY)

Wear comfortable clothes; bring your baskets and camera!



UPCOMING EVENTS

April 17th	Annual Meeting & Grill Social (Communication will be mailed out)
April 19th	Easter Egg Hunt
May (TBD)	Community Garage Sale
June 12th	Board Meeting
TBD	Summer Social
September 4th	Board Meeting
October 2nd	Board Meeting
TBD	Neighborhood Night Out



Always call 811 before you begin an excavation project, even small ones, so that all utilities can be identified and marked. Dig with care. Damages are avoided when safe digging procedures are followed.



With spring in full swing, what better way to refresh your life than by decluttering your home? Here are some simple and effective tips to help you declutter your home and create a clean, organized space:

Set Realistic Goals

Start by setting small, achievable goals. Trying to declutter your entire home in one weekend can be overwhelming. Break the task into manageable steps, like tackling one room or area at a time. Setting a goal for a specific number of items to declutter can also keep you motivated.

Start with a Clear Out of Seasonal Items

Begin by sorting through seasonal items that may have piled up over the holidays. This could include decorations, extra blankets, or winter gear like coats and boots. Go through them to see what you actually use and donate or recycle anything you no longer need.

Adopt the "One In, One Out" Rule

To prevent clutter from building up in the future, try the "one in, one out" rule. For every new item you bring into your home, commit to getting rid of something old. This can be especially helpful for clothes, toys, or kitchen gadgets that tend to accumulate over time.

Tackle the Tough Areas First

Some areas tend to collect clutter more than others. Think junk drawers, closets, or the garage. Start by organizing these high-traffic spots to feel an immediate sense of accomplishment. For example, try emptying a closet, sorting through the items, and then donating or discarding anything that doesn't belong.

Celebrate Your Success

Once you've tackled a space, take a moment to appreciate your hard work! Celebrate your progress with a small reward. Maybe a relaxing evening or a cup of tea in your newly organized living room. Every little bit of decluttering you do is an achievement!

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HEALTHY HABITS FOR BUSY FAMILIES

From the Neighborhood News Library



In today's fast-paced world, maintaining healthy routines can be tough for busy families. However, a few simple, sustainable habits can greatly improve your family's well-being.

Here are some practical tips for staying healthy together:

Make Meal Planning a Family Affair

Planning healthy meals doesn't have to be time-consuming. Set aside time each week to plan meals together. Use weekends or free evenings to prepare make-ahead meals or snacks. This saves time during the week and ensures nutritious options are always available.

Plan with Fun Family Workouts

Exercise doesn't have to be a chore. Make it a family activity, whether it's a walk, a dance party in the living room, or a game of tag in the yard. You don't need a gym to stay fit plenty of fun activities get the heart rate up!

Prioritize Sleep for the Whole Family

Sleep is essential for health and energy. Set consistent bedtimes for everyone and create a calming bedtime routine. Limit screen time at least an hour before bed to improve sleep quality. More sleep imporves energy throughout the day!

Spend Time Outdoors

Fresh air and nature have numerous benefits for physical and mental well-being. Plan outdoor activities like hiking, biking, or visiting a local park. Gardening together is another great way to stay active while learning about healthy food and the environment.

Create Healthy Tech-Free Time

Set "tech-free" times, like during meals or before bed, to connect with each other without distractions. Play games, talk, or simply enjoy the quiet. These moments are vital for strengthening family bonds and focusing on physical and emotional health

By planning meals together and staying active, you'll improve your family's health and create lasting memories.





Marigolds aren't just beautiful, they're also natural pest repellents! These vibrant flowers produce a scent that helps keep aphids, mosquitoes, and even certain nematodes (microscopic

worms that damage plant roots) away from your garden. Marigolds contain pyrethrum, a compound used in many natural insect repellents. Planting them near vegetables like tomatoes, peppers, and beans can help protect your crops from harmful pests. Plus, marigolds attract pollinators like bees and butterflies, making them a great addition to any eco-friendly garden!



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Reminder: Keep Your Pets Leashed!

For the safety of our community and furry friends, please remember to keep your pets on a leash when out and about. Leashes help prevent accidents, protect local wildlife, and ensure that everyone can enjoy our shared spaces comfortably. Thank you for being a responsible pet owner and helping keep our neighborhood safe and enjoyable for all!



HELPFUL EMAILS

Architectural Improvement Request

ACC.CTX@fsresidential.com

Gates Department for Pool Fobs

ctxgates@fsresidential.com

Closing information- Resales Team

resales.ctx@fsresidential.com

Account Balances and Payment Plans

accountservices.satx@fsresidential.com

Community Portal

https://MainlandSquare.connectresident.com

ClickPay

www.ClickPay.com/FirstService

Resident Support Services

https:// https://txsupport.fsresidential.com







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Source: https://sallysbakingaddiction.com/easter-dessert-recipes/

You need just a couple ingredients for this super easy Easter dessert recipe. Kids love to help sprinkle on the candies!

Ingredients

- 8 ounces (226g) semi-sweet chocolate, coarsely chopped*
- 8 ounces (226g) white chocolate, coarsely chopped*
- 1 cup assorted Easter candies (crushed robin eggs, pastel M&Ms, pastel sprinkles, etc)
- 1. Line a large baking sheet with parchment paper or a silicone baking mat. Set aside.
- 2. Melt the semi-sweet chocolate. Use a double boiler or microwave. If using the microwave, stop and stir the chocolate every 20 seconds to help avoid seizing. Pour onto prepared baking sheet and spread out into a large rectangle. Set in the refrigerator to chill for 20 minutes or until no longer wet-looking.
- 3. During this time, melt the white chocolate and let it sit for 5-10 minutes before pouring on top of the cold bottom layer. (The high heat on the cold bottom layer may prevent the two layers from sticking together.) Spread the white chocolate into an even layer on top, then decorate with candies.
- 4. Allow the bark to set at room temperature in a cool, dry environment—this usually takes around 45 minutes. If needed, you can stick it in the refrigerator to help speed things up. Once hardened, break into pieces as large or as small as you want.